466 Southern Blvd, Suite 1 Chatham NJ 07928

(P) 973-635-2290 (F) 973-635-8342

Nama		s listed on your i	
			Today's Date:
Address:			
Home Phone: ()	City Work Phone ()		Zip code
nome Phone: ()			nders:
Social Security #:			iliders.
			Diversed Widewed
Occupation		-	□ Divorced □ widowed
Email Address: Insurance Co			
Who may we thank for referring			
Patient Signature:	• •		
	PATIENT H	IEALTH ASSI	<u>ESSMENT</u>
1. What is your present com	plaint?		
2. How would you describe y	our pain:		
1	Soreness	\Box Throbbing	\Box Tingling
	stiffness	\Box Spasm	\square Burning
	Veakness	□ Numbness	☐ Shooting
3. How would you rate the in 0 1 2 3	itensity of your pain? (Pleas		9 10
(no pain)			
(no pain)			(terrisie, unecurusie puin)
4. Please mark on the body b	oelow where you feel your pa	nin:	
	10 mm		
(~g)	0 0 0	}	
	RRF	}	
		}	
The Court Full			
Time Tun			
End Tour True			
The True			
Tuil Tuil			
End Town Tun			
5. How often is the pain pres			
5. How often is the pain pres	eent?	nal (25-50%)	(ntermittent (25% or less)
		nal (25-50%)	Intermittent (25% or less)
	ent? requent (50-80%) Occasion		
□ Constant (80-100%) □F	nent? requent (50-80%) Degin? (Give an approx. date in		
☐ Constant (80-100%) ☐ Fi	nent? requent (50-80%) Degin? (Give an approx. date in		
□ Constant (80-100%) □Fn 6. When did your problem k 7. Since your problem began	requent (50-80%) Occasion Degin? (Give an approx. date in the pain: Getting better	f possible)	
 □ Constant (80-100%) □Fn 6. When did your problem began □ Getting worse 	requent (50-80%) Occasion Degin? (Give an approx. date in the pain: Getting better	☐ Staying the	same
 □ Constant (80-100%) □ Fig. 6. When did your problem began □ Getting worse 8. How did your problem began 	requent (50-80%) Occasion oegin? (Give an approx. date in is the pain: Getting better gin?	☐ Staying the	same of accident

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10. What makes your problem	hattan?			
• •		Ctonding	Citting	
□ Nothing	☐ Walking		□ Sitting	
☐ Moving around/exercise		☐ Inactivity		
11. What makes your problem		□ 0 . 1'	□ 6 ′	
□ Nothing		☐ Standing	☐ Sitting	
☐ Moving around/exercise		☐ Inactivity		
12. What prior treatments have		_	-0.1	
☐ Medical ☐ Surgical	☐ Physical Therapy	□Acupuncture	Other:	
13. Have you had this problem	-			
If yes, please explain:				
14. Were you previously treated	u for an earner occuri	rence of this <u>same</u> con	andon:	
☐ Yes ☐ No		Die die 1 The market	□ Od.	
If yes, by whom? □ MD	-	•		
What were the approximate dates	s, type of treatment and	the results?		
15. Are you currently taking ar	w modications?			
if yes, please describe:	•			
ii yes, piease describe.				
16. Do you have any allergies?				
if yes, please describe:				
ii yes, pieuse deseriee.				
17. What is your physical activ	ity at work?			
☐ Mostly sitting	-	Light manual labor		
☐ Moderate manual labor		Heavy manual labor		
18. What general physical activ		•		
☐ Mostly sitting ☐ Light acti			V	
Describe	•	•		
19. What is your present generation	al stress level?			
	☐ Moderate stress	☐ Greatly stressed		
20. Do you currently smoke tob		•	· □Never been a smoker	
If yes, how often do you smoke?	· · · · · · · · · · · · · · · · · · ·			
Do you drink alcohol an	• •			
21. Please describe your sleeping		o, ii so now oiten		
• -	Stomach Sleeper			
How old is your mattres	*	How many nillo	ws do you sleep with?	
22. Do you have a history of:	3 (approx)	_ 110 w many pmo	ws do you sieep with:	
	eart Disease Motor	Vehicle Accident	Surgery Hospitalization	□Pacemaker
If yes, please explain:				□ r accinarci
23. Are you:				
☐ Right Handed ☐ Left Hand	ed			
_ Tagnt Hundou _ Left Hand	Cu .			
24. Height Weight	Blood Pressure	/		

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PATIENT ACKNOWLEDGEMENTS OF CHATHAM CHIROPRACTIC CENTER PLEASE READ THE FOLLOWING CAREFULLY BEFORE INITIALING

<u>Insurance Information – Copayments and Responsibility</u>

of 1996 and may request a personal copy at any time.

Payment is required for all services at the time they are rendered. I understand that regardless of insurance enrollment, I am ultimately responsible for all costs of treatment rendered and it is my responsibility to understand my healthcare coverage including copayments, deductibles and coinsurance and VISIT LIMITS. Checks returned for insufficient funds will be charged an additional \$50.00 fee. An administrative fee of \$10.00 will be applied if co-payments are not paid at the time of service. In the event that your account must be turned over for collections, interest and/or collection fee, at the provider's current rate may be charged on all past due balances owed to the provider. Your signature below signifies your understanding and willingness to comply with this policy. Patient / Guardian Initials **Referral Information** If a referral is required by my health insurance plan, I understand that it is my responsibility to obtain the referral from my Primary Care Physician and assure it is available to be presented at the time of my visit. I further understand it is my responsibility to keep track of the number of visits I have used on my referral, the expiration date of my referral, and obtain new referrals as needed. I understand that should I fail to have a valid referral for my visits, your insurance company will deny the claim. The office will reschedule my appointment or the cost of the visit will become my responsibility. Patient / Guardian Initials **Insurance Cards** New patients or those with a change in their insurance information must provide a valid insurance card or temporary print out at the time of the visit. If I am unable to present one, I may pay in full at the time of service and submit a claim to my insurance carrier at my convenience. I understand by signing below that I am responsible for notifying the office of any changes to my insurance/contact information. Patient / Guardian Initials **Cancellation/ No Show Policy** Should you be unable to keep your appointment, please contact the office 24 hours prior to your appointment to cancel. Missed appointments or "No Shows" will result in a \$50.00 fee after two consecutive missed appointments. This fee is not reimbursable by your insurance company. If you are running late, but plan on keeping your appointment, out of courtesy to us and other patients, call the office as soon as possible. We will do our best to adjust our schedule accordingly. Patient / Guardian Initials **HIPAA Policy** Patients over the age of 18 are protected under the Federal Health Insurance Portability and Accountability Act. This Federal Law prohibits Chatham Chiropractic Center from discussing appointments, medication, test results, or treatment plans with anyone other than the patient. Often, this causes difficulty for some patients who would like family members or caretakers to obtain information for them. If you would like to permit someone to discuss your medical condition, confirm appointments or obtain results for you, please indicate their name(s) below. Only these individuals will be provided with information. Should you wish to update the names provided below, please ask the receptionist for a HIPAA form.

Name of Individual ______ Relationship to Patient ______ Relationship to Patient ______

I acknowledge the practice's adherence to the Notice of Privacy Practices related to the Health Insurance Portability and Accountability act

SIGNATURE: TODAY'S DATE: ______

INFORMED CONSENT

TO THE PATIENT: Please read the *ENTIRE* document prior to signing it. It is important that you understand the information contained in this document. If anything in this document is unclear to you please make sure to ask questions before signing.

The nature of the chiropractic Adjustment

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may my hands or a mechanical instrument upon your body in such a way as to move your joints. This may cause an audible "pop" or "click" much as you would experience when you "crack" your knuckles. You may feel a sense of movement.

Analysis/Examination/Treatment

As part of the analysis, examination, and treatment you are consenting to the following procedures:

Spinal manipulative therapy Palpation EMS
Range of motion test Orthopedic Testing Ultrasound
Basic Neurological testing Muscle strength Testing Laser Therapy

Postural Analysis Hot/Cold Therapy Other Vital Signs

The material risks inherent in chiropractic adjustment

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications may include, but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costo vertebral strain and separations and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during an examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

The probability of those risks occurring:

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and x-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

The availability and nature of the other treatment options:

other treatment options for your condition may include:

- *Self-administered, over-the-counter analgesics and rest
- *Medical care and prescription drugs such as anti-inflammatory, muscle relaxants
- *Hospitalization
- *Surgery

If you choose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

The risks and dangers of attendant to remaining untreated

Patient/Guardian Signature:

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicated treatment making it more difficult and less effective the longer it's postponed.

PLEASE DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW.

	e explanation of the chiropractic adjustment and related treatment. I have discussed it with s answered to my satisfaction By signing below, I state that I have weighed the risks involved
	t is in my best interest to undergo the treatment recommended. Having been informed of the
Date:	Date:

Doctor's Signature

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SPECIFIC AUTHORIZATIONS

= -	tic Center to use my address, phone number, and clinical records to contact me with It notification, holiday related cards, information about treatment alternatives or other health related information.
☐ If Chatham Chiropractic Center conta	ts me by phone, I give them permission to leave a phone message on my answering machine or voicemail.
By signing this form you are giving Chatham	Chiropractic Center permission to use and disclose your protected health information in accordance with directives listed above.
	te your authorization at any time, please ask for details regarding this. EXP. Date
	NOTICE OF PRIVACY PRACTICES
which describes the Practice's policies and preceived or maintained by the practice. If I wone for me at the time I request it. I also underead anytime. The understand that Chatham Chiropractic Cen	at Chatham Chiropractic Center has informed me of the Notice of Privacy Practices, ocedures regarding the use and disclosure of my protected health information created, ould like a copy, I understand that Chatham Chiropractic Center will be able to supply erstand that it is posted on the Chatham Chiropractic bulletin board available for me to er protects my medical information by using encrypted e-mail and password protected ors and staff at Chatham Chiropractic Center.
SIGNATURE	PRINT NAME